WHO WE ARE

LEAD Professional Development Association Incorporated is a not for profit association dedicated to providing professional development and training opportunities for people working with and supporting vulnerable children, youth, families and communities.

34TH ANNUAL GENERAL MEETING

You are invited to attend our 34th Annual General Meeting to celebrate our first year as LEAD Professional Development Association Inc.

Breakfast will be served from 8am to 9am, where you can network with a wide range of community representatives from across Western Sydney.

Our guest speaker Carolyn Quinn, has over 30 years experience in the child, family and community services field. She has specialty skills in prevention and early intervention services to support families, child protection and family violence and disability issues. She will introduce Evidence Based Practice and all guests will receive an Introduction for Practitioners handbook.

Limited places available - email info@leadpda.org.au to register.

EVENT DATE SUMMARY

SEPTEMBER

<table>
<thead>
<tr>
<th>Event</th>
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<th>Location</th>
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<tr>
<td>Accidental Counsellor</td>
<td>5 Sep.</td>
<td>Rooty Hill</td>
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<tr>
<td>Blend It - Working with Opposing Dynamics</td>
<td>6 Sep.</td>
<td>Lidcombe</td>
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<tr>
<td>Working with Children Impacted by Family and Domestic Violence: A Trauma Informed Approach - Workshop #1</td>
<td>12 Sep.</td>
<td>Seven Hills</td>
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<td>Responding to Children Under 10 With Harmful Sexualised Behaviours</td>
<td>20 Sep.</td>
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<td>Therapeutic Interventions in Playgroups</td>
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## EVENT DATE SUMMARY

### OCTOBER

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<td>Identify and Respond to Children and Young People at Risk</td>
<td>9 Oct.</td>
<td>Quakers Hill</td>
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<td>Writing Effective Case Notes - Advanced Considerations</td>
<td>11 Oct.</td>
<td>Parramatta</td>
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<td>Trauma Informed Practice - How to Help Youth Impacted by Trauma</td>
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<td>Child Development and the Impact of Trauma: The Importance of the First 1000 Days</td>
<td>30 Oct.</td>
<td>St Marys</td>
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<td>The Linker Network</td>
<td>30 Oct.</td>
<td>Seven Hills</td>
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### NOVEMBER

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<td>Proof is in the Outcomes - Why Evidence Based Practice Works</td>
<td>7 Nov.</td>
<td>Seven Hills</td>
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<td>Risk Management for TEI Providers</td>
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<td>Making Your Work, Work for Aboriginal Families &amp; Communities - Workshop #1: Cultural Awareness, Competency and Safety</td>
<td>13 Nov.</td>
<td>Springwood</td>
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<td>Working with Children Impacted by Family and Domestic Violence: A Trauma Informed Approach - Workshop # 2</td>
<td>14 Nov.</td>
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<td>Using Inter-Cultural Learning to Address the Cultural “tug-of-war” for CALD Families and Individuals</td>
<td>15 Nov.</td>
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<td>Community Development: A Critical Reflective Approach to Doing Community Development</td>
<td>21 Nov.</td>
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<tr>
<td>Self Care for Aboriginal Workers</td>
<td>Free Event</td>
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### PROFESSIONAL DEVELOPMENT FOR TEACHERS

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<td>13 Sep.</td>
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<td>“But I’m Not a Counsellor” - Navigating the Space Between Counselling and Being ‘On the Spot’</td>
<td>23 Oct.</td>
<td>Seven Hills</td>
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<tr>
<td>Talking to Parents About the Hard Stuff</td>
<td>8 Nov.</td>
<td>Seven Hills</td>
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WHAT WE DO

We are proactively engaged through interagency meetings, sector forums, community evaluations, council meetings and organisations small and large to ascertain what the new and emerging needs are for family/community practitioners. Once we have determined the need, we then source subject matter experts and co-design a workshop/seminar/forum that will provide relevant and accessible professional development which empowers practitioners to make a difference in the lives of others.

SEPTEMBER

Accidental Counsellor

Do you ever find yourself in unplanned counselling situations with clients or co-workers? This workshop will equip you with effective intervention strategies and the basic skills required to better assist people in difficult situations.

We will also explore communication principles and the essential skills of creating and maintaining boundaries while supporting the needs of the individuals we come into contact with during our work.

If you work with children, young people, families or the community then this workshop will help increase your skills and guide your actions when interacting face to face or over the phone.

When: 5 September 2018, 8.45am - 4.00pm
Where: Novotel Rooty Hill
Trainer: Colleen Hirst
Cost: Members $93.50 Non-Members $154.00
Event Code: BH02AC

BLEND IT - Working with Opposing Dynamics

Come and learn about working with the dynamics of opposites which create an atmosphere of the unusual helping to provide better outcomes for your clients.

BLEND IT is a workshop about the process which balances humour with seriousness, the playful with the intense, challenge with support, and much more.

Explore the place of difference and surprise in working with anyone – be it young people, individuals or families. Here is an opportunity to experience the openness of the softer, lighter aspects of these dynamics in “blending” to create relationships and connections both within ourselves and with the worlds around us.

When: 6 September 2018, 8.45am - 4.00pm
Where: Dooley’s Catholic Club, Lidcombe
Trainer: Peter Slattery
Cost: Members $93.50 Non-Members $154.00
Event Code: CP14BOD

Working with Children Impacted by Family and Domestic Violence: A Trauma Informed Approach. Workshop #1

The first day of this interactive workshop is a must for anyone who works with children who have experienced domestic violence and would like to develop a trauma informed framework. While focusing on exploring the intersection between DV and trauma responses in children, there will be opportunity to review key impacts of domestic violence on child development, particularly neurobiology and attachment.

Workshop #2 of this series is being held on November 14, 2018.

Attend Workshop #1 only - or attend Workshop #2 as well, for more in-depth practice.

When: 12 September 2018, 8.45am - 4.00pm
Where: LEAD Learning Centre, Seven Hills
Trainer: Mirna Tarabay
Cost: Members $93.50 Non-Members $154.00
Event Code: BH04CFD
A Creative Toolkit for Working with Difficult Behaviours: A Smorgasbord of Practical Tools

This workshop explores the nature of challenging behaviour in children 0-8 years. Common underlying factors that trigger and maintain challenging behaviour such as environmental stressors within family life and school, mental health challenges (e.g. anxiety) and behavioural skill deficits will be discussed. Identify common behaviours and strategies to reduce the frequency and intensity of challenging behaviour.

This workshop aligns with FACS Targeted Earlier Intervention (TEI) focus areas including working with families of high need and level of disadvantage.

Responding to Children Under 10 with Harmful Sexualised Behaviours

This workshop provides workers with an increased understanding of the typology regarding problematic or harmful sexualised behaviours as well as the context in which the behaviours occur. It seeks to build the capacity of workers to respond to this issue when meeting with children and their families, undertake appropriate assessments and subsequent referral pathways.

This workshop invites participants to sit with the challenges of the work, extend ideas regarding practice that clearly reflects family based intervention and engages collaboratively with relevant agencies.

Therapeutic Interventions in Playgroup

Discover the use of therapeutic interventions in a playgroup setting. In this hands-on workshop you will explore how to identify interrupted development in children, using creativity and therapeutic tools including art, play, music and speech.

Let us know what training you require!

If you or your organisation has any specific training workshops they would like us to organise, please phone (02) 9620 6172 or email info@leadpda.org.au
Identify and Respond to Children and Young People at Risk

Keeping children and young people safe is an important responsibility for all community sector organisations.

This workshop will provide you with the opportunity to update your legislative knowledge and to explore some of the complex issues surrounding the recognition of, and response to abuse, neglect and risk of harm.

Relevant case studies are used throughout this workshop to assist you to understand your reporting responsibilities and the notification process.

This workshop content is informed by CHCPRT001 - Identify and Respond to Children and Young People at Risk, which is a nationally recognised unit of competency. It describes the skills and knowledge required to support and protect children and young people who are at risk of harm.

When: 9 October 2018, 8.45am - 4.00pm
Where: Marayong House, Quakers Hill
Trainer: Selin Rigoli
Cost: Members $93.50
Non-Members $154.00
Event Code: BH06RRH

Writing Effective Case Notes - Advanced Considerations

Exploring the foundations of good practice and recording in case notes and recording in a variety of family work settings.

This practice based one day workshop will help you to develop your skills in writing case notes, increase your capacity to capture key relevant content and reflect in your case notes how your practice incorporates the TEI reforms.

It includes the key ethical, legal and professional accountability considerations in making notes, practice points on what to include in case records across the stages of work with families and types of work (brief, individual, group).

When: 11 October 2018, 8.45am - 4.00pm
Where: Community Migrant Resource Centre, Parramatta
Trainer: Carolyn Quinn
Cost: Members $93.50
Non-Members $154.00
Event Code: CP04CNA

Trauma Informed Practice - How to Help Youth Impacted by Trauma

If you work with youth there's a good chance you work with trauma. The first essential in being a trauma-informed youth professional is to understand what trauma is and how it's caused.

Attend this training to gain increased ability to be sensitive to the possibility of past and present traumas in young people and the vulnerabilities which accompany them. Gain knowledge of the impact of trauma on the brain, attachment and development.

Explore your practice around your relationship building abilities (including the Three Phase Approach) and self-care.

When: 17 October 2018, 8.45am - 4.00pm
Where: Rooty Hill RSL
Trainer: Colleen Hirst
Cost: Members $93.50
Non-Members $154.00
Event Code: BH03TIY
**Fifty One Shades of Grey - The Interface Between Disciplining, Neglecting, Harming & Abusing Children**

Increase your confidence about making child protection reports. This workshop will help you to be more focused and effective when you recognise issues that are close to the threshold for reporting and you are concerned that if nothing changes, a child is likely to be at risk of significant harm.

- How can family workers best respond if parents don’t share workers’ concerns about children and the way they are being parented?
- When do smacking, yelling or lack of attention become physical abuse or neglect?
- What is cumulative harm and how is it identified?

**When:** 25 October 2018, 9.00am - 4.00pm  
**Where:** The Holroyd Centre, Merrylands  
**Trainer:** Bronwen Elliott  
**Cost:** Members $93.50  
Non-Members $154.00  
**Event Code:** CP05FSG

**Child Development and the Impact of Trauma - The Importance of the First 1000 Days**

This training is a must for anyone who works with young children and families.

Why are the first 1000 days critical in a child’s life trajectory? And what happens when those 1000 days are affected by trauma? What can you do to strengthen children and their families in this period and beyond?

Increase your skills and knowledge about creating a safe learning and relating environment for babies and children who have experienced trauma.

**When:** 30 October 2018, 8.45am - 4.00pm  
**Where:** St Marys Band Club  
**Trainer:** Barbie Bates  
**Cost:** Members $93.50  
Non-Members $154.00  
**Event Code:** NP05CDT

**The Linker Network**

The Linker Network is a new integrated service delivery model focused on putting the needs of children, young people and families at the centre of what we do. With its shared principles and standards, common branding, tools, resources, and membership, the model is designed to help service providers work more flexibly and collaboratively with each other, and to provide more consistency across the service system.

Developed through a co-design process, it is a joint initiative of Family and Community Services (FACS) and service providers in Western Sydney Nepean Blue Mountains District.

It is currently being rolled out across Greater Western Sydney, and service providers are encouraged to join up and help create an effective collaborative network providing coordinated services to clients.

**When:** 30 October 2018, 9.00am - 1.00pm  
**Where:** LEAD Learning Centre, Seven Hills  
**Cost:** FREE  
**Event Code:** PR15TLN
Risk Management for TEI Providers

RISK MANAGEMENT is the process of identifying, analysing and responding to potential risks in order to mitigate the impact of the risk. It is also a Quality Management tool that provides an effectively framework for continuous improvement.

Hardly a week goes by without news, either locally or internationally, of an organisation’s IT systems being breached by a hacker or worse by RANSOMWARE.

Even our personal Facebook pages may have been compromised.

What about other types of risk, such as CYBER SECURITY, a change in Government (and/or Government funding), a natural disaster, loss of key personnel or even a negative industrial relations ruling?

Does your organisation have an effective RISK MANAGEMENT plan in place?

If you are not completely confident about your understanding of the importance of effective RISK MANAGEMENT, you need to attend this event.

Proof is in the Outcomes - Why Evidence Based Practice Works

FREE MEMBERS ONLY EVENT

LEAD is keen to assist community organisations who are funded by FACS to better understand the importance and relevance of OUTCOMES rather than outputs.

FACS funded organisations are now required to provide the majority of their services in an evidence based practice framework so they can report on the difference their services make to individuals and families rather than the number of events/contacts they have had.

The workshop will provide a strong understanding of Evidence Based Practice and why this works to enable organisations to better achieve positive outcomes for their clients, thus meeting the requirements of the funders.

Making Your Work, Work for Aboriginal Families & Communities - Workshop #1: Cultural Awareness, Competency and Safety

Gain knowledge and improve your understanding of working with people in culturally safe and competent ways. This workshop is a great introduction or refresher for those wanting to better support and work with Aboriginal families, young people children and communities.

This workshop aligns with the FACS Targeted Earlier Intervention priority of increasing and improving access to culturally safe services for Aboriginal and Torres Strait Islander families and communities.
Working with Children Impacted by Family and Domestic Violence: A Trauma Informed Approach. Workshop #2

Workshop #2 is for people who provide direct, ongoing support to children who have experienced domestic violence.

This workshop requires an understanding of the key principles of a trauma informed approach when working with children affected by domestic violence. A knowledge of how children respond to trauma and how trauma affects child development is critical.

This experiential workshop will utilise current and evidence based approaches to working with children who have lived through trauma of violence in their home lives.

You will learn ways to implement care from a trauma-informed perspective including strategies for incorporating play, art, strength-based and narrative approaches.

When: 14 November 2018, 8.45am - 4.00pm
Where: LEAD Inc, Seven Hills
Trainer: Mirna Tarabay
Cost: Members $93.50 Non-Members $154.00
Please note that it is a pre-requisite to have attended WORKSHOP #1 of this series.
Event Code: BH05CFD

Using Inter-Cultural Learning to Address the Cultural “tug-of-war” for CALD Families and Individuals

Develop confidence and strategies in promoting positive parenting practices for families with strong traditions in collectivist cultures.

This workshop will assist front line workers develop strategies and resources informed by cultural neuroscience in working with CALD communities focusing on traditional challenges to gender roles.

It will provide workers with strategies that promote meaningful choices to CALD parents in line with their traditional values but also congruent with the well-being, needs and aspirations of their children living in Australia.

When: 15 November 2018, 8.45am - 4.00pm
Where: Dooley’s Catholic Club, Lidcombe
Trainer: Rafik Tanious
Cost: Members $93.50 Non-Members $154.00
Event Code: CP06ICL

Community Development: A Critical Reflection Approach to Doing Community Development

This workshop is for those already working in community development roles and those wishing to integrate values and methodologies drawn from community development into their own particular work context.

This workshop aims to facilitate the development of participants own approach to community development in contemporary socio-political and organisational settings utilising primarily a critical reflection approach.

Participants will also gain increased confidence in engaging with issues of: accountability, effectiveness, outcomes and impacts. You will also increase your ability to communicate such observed change, utilising the language of outputs, outcomes and impacts, to a variety of stakeholders.

When: 21 November 2018, 8.45am - 4.00pm
Where: LEAD Learning Centre, Seven Hills
Trainer: Mauro Di Nicola
Cost: Members $93.50 Non-Members $154.00
Event Code: BH01CDA
Self-Care for Aboriginal Workers

This one-day workshop is designed to assist Aboriginal staff in developing skills to address additional cultural complexities and maintain well-being whilst working within a health or community services setting.

When: 22 November 2018, 9.00am - 4.00pm
Where: Novotel Rooty Hill
Trainer: Felicity (Flic) Ryan
Cost: FREE

Event Code: AC03SCA

Talking to Parents About the Hard Stuff

Sometimes we need to tell parents things we think they will find hard to hear...about their child’s development or behaviour or related to a parents approach to parenting or discipline or when concerns exist about what is happening at home.

This workshop will provide learning tools and activities for responding to situations when challenging conversations need to be had with parents.

Completing “Talking to parents about the hard stuff”© will contribute 6 hours and 30 minutes of NESA Registered PD addressing 3.7.2, 5.5.2, 6.2.2, 7.3.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

When: Thursday, 13 September 2018 - 9.00am - 4.00pm
Where: LEAD I Learning Centre Seven Hills
Trainer: Bronwen Elliott
Cost: Members $330.00
Non-Members $385.00

Please note that this is a NESA endorsed course for teachers.

Event Code: NESA00001
"But I'm Not a Counsellor" - Navigating the Space Between Counselling and being 'On the Spot'

Proficient Teachers will develop a range of strategies that will assist them when they are tasked with providing ‘accidental’ counselling to other teachers, parents/carers who may be experiencing distress, strong emotions and concerns. This course recognises and builds on the strengths that teachers bring to their role but recognised that they have not been formally trained in counselling. (The NESA accredited course is called simply “On the Run Counselling”).

Teachers will increase confidence in using an evidence-based framework to proactively engage with others in times of distress. This will enhance their ability to develop stronger relationships and provide open and transparent feedback to parents/carers about their child’s achievement. The use of an informal counselling framework can also contribute to maintaining student safety by being able to engage effectively with parents/carers where the student’s wellbeing and safety may be at risk.

Completing "But I'm Not a Counsellor" - Navigating the Space Between Counselling and being 'On the Spot"® will contribute 6 hours and 30 minutes of NESA Registered PD addressing 4.4.2, 5.5.2, 6.2.2, 6.3.2 and 7.3.2 from the Australian Professional Standards for Teachers towards maintaining Proficient Teacher Accreditation in NSW.

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